

Lansing Cross Country  
All-Time Top Performances

BOYS (5K)	Season	Athlete	Grade	Time																
	2010	Cameron Bruce	11	15:55.3																
	2011	Cameron Bruce	12	16:20.0																
	2011	Cameron Bruce	12	16:20.5	Section IV Ind Champion															
	2011	Cameron Bruce	12	16:25.6																
	2002	Nate Lockett	12	16:28.6																
	2010	Cameron Bruce	10	16:28.8																
	2010	Cameron Bruce	11	16:31.9	6th place, NYSPHSAA Championships															
	2010	Cameron Bruce	11	16:37.1	Section IV Ind Champion															
	2010	Cameron Bruce	11	16:38.2	IAC Ind Champion															
	2014	Ben Eisenhut	12	16:45.2	Section IV Ind Champion															
	2010	Cameron Bruce	11	16:46.0																
	2001	Nate Lockett	11	16:49.0																
	2011	Cameron Bruce	12	16:49.0																
	2004	Phil Abbott	11	16:52.6	Section IV Ind Champion															
	2002	Alejandro Bernard	12	16:56.8																
	2002	Jeff Abbott	12	16:57.1																
	2009	Jon Cleveland	12	16:57.1																
	2014	Ben Eisenhut	12	17:01.1																
	2002	Nate Lockett	12	17:05.0																
	2011	Cameron Bruce	12	17:07.2	IAC Ind Champion															
BOYS 3.0 mile	Season	Athlete	Grade	Time																
	2010	Cameron Bruce	11	15:15.0	McQuaid, 3rd place															
	2011	Cameron Bruce	12	15:21.0	McQuaid, 1st place															
	2014	Ben Eisenhut	12	15:45.0	McQuaid, 1st place															
	2005	Phil Abbott	12	16:19.0																
	2009	Jon Cleveland	12	16:20.1																
	2022	Trent Thibault	9	16:20.7	McQuaid, 14th, Var A-2 Unseeded															
	2009	Josh Barber	12	16:21.2																
	2008	Josh Barber	11	16:39.0																
	2008	Jon Cleveland	11	16:42.0																
	2022	Thomas Stallone	12	16:48.3	McQuaid, 26th, Var A-2 Unseeded															
GIRLS (5K)	Season	Athlete	Grade	Time																
	2003	Kylee Jordan	9	19:18.0	Section IV Ind Champion															
	2004	Kylee Jordan	10	19:19.2	Section IV Ind Champion															
	2018	Catie Eisenhut	11	19:23.7																
	2001	Melissa Usack	10	19:43.0																
	2003	Kylee Jordan	9	19:50.0																
	2002	Kylee Jordan	8	19:52.3																
	2001	Melissa Usack	10	19:53.0																
	2003	Kylee Jordan	9	20:00.4																
	2017	Mikaela Garcia	12	20:09.2	IAC Ind Champion															
	2018	Catie Eisenhut	11	20:12.1	Section IV Runner Up															
	2018	Catie Eisenhut	11	20:12.8	Auburn Invite, 1st place															
	2003	Kylee Jordan	9	20:13.4																
	2018	Emmaline Jackson	10	20:15.1																
	2018	Emmaline Jackson	10	20:16.0																
	2002	Kylee Jordan	8	20:20.3																
	2016	Mikaela Garcia	11	20:21.4																
	2019	Emmaline Jackson	11	20:23.6																
	2001	Natalie Usack	7	20:24.0																
	2002	Kylee Jordan	8	20:24.9																
	2002	Kylee Jordan	8	20:24.93																
GIRLS 3.0 mile	Season	Athlete	Grade	Time																
	2018	Catie Eisenhut	11	18:18.9	McQuaid, 1st place															
	2018	Catie Eisenhut	11	18:20.2	Baldwinsville, Runner Up															
	2017	Mikaela Garcia	12	19:03.7																
	2018	Emmaline Jackson	10	19:07.3	McQuaid, 3rd place															
	2018	Kinsley Jacobs	8	19:11.1																
	2016	Mikaela Garcia	11	19:30.3																
	2019	Emmaline Jackson	11	19:32.6																
	2018	Kinsley Jacobs	8	19:53.0																
	2011	Blair Wigsten	12	20:10.0																
	2009	Kathryn Shaw	11	20:23.3																
MODIFIED	Season	Athlete	Grade	Time	Records kept for modified starting in 2015															
	2015	Teddy Brenner	7	9:34	Top 7th Grade Boys' Time, 1.5 miles															
	2017	Kinsley Jacobs	7	9:09.9	Top 7th Grade Girls' Time, 1.5 miles															
	2017	Sam Bell	8	8:35.0	Top 8th Grade Boys' Time, 1.5 miles															
	2022	Evelyn Jackson	8	10:03.1	Top 8th Grade Girls' Time, 1.5 miles															

Note: 2002 Boys team inducted to Hall of Fame. Coached by Jason Eade. Team included: Alejandro Papchryssanthou-Bernad, Nathan Lockett, Jeff Abbott, Thomas Colt, Andrew Barnard, Joey Usack, and Erik Herter. They were Section IV Champs, IAC Champs, and winners of Corning Invitational, beating IHS. Also won Windsor Invite, Auburn Invite, and competed at Manhattan Invite where they beat all future 2002 NYS Class Champions.