



Lansing Track & Field

Projected 2020 Outdoor Meet Schedule

The schedule is subject to change due to weather and conference scheduling decisions.

Please review the schedule below and alert the head coaches AS SOON AS POSSIBLE if you have a conflict. Meet entries are due in advance of the meet, and scratching entries last minute not only affects the team (relays, point scoring, etc), but it also creates a hassle for the hosting team and the meet at large as heats/flights may need to be reset. **Please note that failure to participate in practices and/or meets may affect an athlete's future entries in meets. Attendance and participation is expected at all practices and meets unless a coach indicates an athlete is not entered and should not attend.**

- Dual meets: all athletes compete. Unlimited entries in all events.
- Invitational & Championship meets: Limited entries. Usually 2 entries per event; may be 3 entries per event if all 3 athletes meet a preset standard. Some qualifying standards apply. **Do not assume you will or will not be entered. Coaches will be in communication with athletes and expect all team members to be available for all listed meets.**
- Section IV Class C, State Qualifier, and NYSPHSAA Championship Meets: athletes must meet a qualifying standard to compete.

Date	Meet	Location	Meet Start Time	Bus Departure
Mon, Mar 9	Varsity Practice begins	HS Track	3:30pm	
Mon, Mar 30	Dual vs Union Springs, Marathon *SENIOR NIGHT*	LANSING	4:30pm	
Thurs, April 2	Marathon Spring Fling Invitational	Marathon	4:00pm	2:00pm
April 6-10	*Spring Break Week, daily practice, possible meet if 3/30 needs to be rescheduled*			
Mon, April 13	Dual vs Southern Cayuga, Whitney Point	S. Cayuga	4:30pm	2:30pm
Sat, April 18	NY-Penn Invitational	Windsor	10:00am	8:30am
Mon, April 20	Dual vs Trumansburg, Dryden	TBurg	4:30pm	2:45pm
Sat, April 25	Waite-Molnar Invitational	Elmira	12:00pm	9:45am
Mon, April 27	Dual vs Moravia, Groton	Moravia	4:30pm	2:45pm
Wed, April 29	Lansing Bobcat Field Fest	LANSING	4:00pm	
Fri, May 1*	Square Deal Invitational*	Johnson City*	4:30pm	2:30pm
Mon, May 4	Divisional Championships	Whitney Point	4:30pm	2:15pm
Fri, May 8	Golden Bear Invitational	Vestal	4:00pm	1:45pm
Tues, May 12	Pentathlon: 3 Bald Guys	Johnson City	4:00pm	1:45pm
Wed, May 13	Hosting modified meet	LANSING	4:30pm	
Fri, May 15	Fast Times Invitational	Corning	4:00pm	1:45pm
Wed, May 20	IAC Championships Day 1	Trumansburg	4:45pm	2:50pm
Thurs, May 21	IAC Championships Day 2	Trumansburg	4:45pm	2:50pm
Tues, May 26*	Trumansburg 9 & 10 Meet*	Trumansburg*	4:30pm	2:35pm
Thurs, May 28	Section IV Class C Championships	Trumansburg	3:00pm	1:00pm
Wed, June 3	Section IV State Qualifiers Day 1	Union Endicott	5:00pm	2:45pm
Thurs, June 4	Section IV State Qualifiers Day 2	Union Endicott	5:00pm	2:45pm
Fri, June 12	NYSPHSAA State Championships Day 1	Cicero-N Syracuse	11:30am	
Sat, June 13	NYSPHSAA State Championships Day 2	Cicero-N Syracuse	10:00am	
June 18-21	New Balance Nationals	This is not a school-sponsored trip & interested/qualified athletes should see nbnationalsout.com for information.		

Other important dates/times:

- Monday, March 9: Start of varsity season (modified starts on 3/16)
- **Friday, March 20: 7-8pm, Laps Under the Lights Fundraiser AND team dinner AND uniform distribution**
- Thurs, June 11: Fall Meet the Coaches (5:30pm) and Spring Sports Award Night (7pm)
- Friday, June 19: 5pm, Team Potluck/BBQ & Recognition Night

If you are unable to attend a meet, you must NOTIFY THE HEAD COACHES IN WRITING WITH THE DATE(S) AND REASON(S) THAT YOU ARE UNABLE TO ATTEND.

*Tentative